

# **SAILING INSTRUCTIONS**

For the Chautauqua Yacht Club  
Chautauqua, New York  
June, 2010

## **General Instructions**

### **I. Rules**

The races are under the jurisdiction of the Chautauqua Yacht Club and will be conducted under the following:

- A. The current version of the rules of the International Sailing Federation (ISAF) except as any of these may be modified by these Sailing Instructions.
- B. Chautauqua Yacht Club rules and instructions as determined by the Club's Board of Directors in conjunction with the Club's Fleet Captains.

Club members are expected to familiarize themselves with these rules and instructions.

### **II. Notices**

Official notices will be posted on the Yacht Club bulletin board at the location designated by the Flag Officers at the season's first general membership meeting. (The designated location for this bulletin board for the year 2010 racing season is the Chautauqua Institution Central Dock). Posted instructions may be superseded by instructions from the Race Committee given to each skipper prior to the Warning signal of the first scheduled race affected by any such change.

### **III. Racing Schedules**

The racing schedule for all fleets shall be mailed or e-mailed to Club members prior to the start of the season. Trophies are awarded for the winners of the July and August series. The number of trophy winning places is to be determined by each fleet and approved by the Board of Directors. Perpetual trophies are awarded to the first place winner of the races designated on the season's official racing schedule as July 4<sup>th</sup> and Labor Day races. The format of and the number of races sailed on the scheduled racing days are to be determined by each racing fleet.

### **IV. Courses and Course Signals**

1. A blackboard or "letter panel" on the stern of the Race Committee board, displayed prior to a race's Warning signal, will indicate the course and magnetic bearing to the first mark of the course.
2. Course diagrams and their identifying letters are illustrated on the last page of these instructions.

3. The letter “R” when displayed on the blackboard, or with the course signal, indicates a mirror-image course in which all marks will be taken to starboard.
4. A gun or other sound signals are for the purpose of calling attention to visual signals. Visual signals govern a failure or misfiring of a sound signal shall be disregarded.

## V. Starting and Finishing Line

1. The starting line will be between the yardarm on the Race Committee boat and the starting mark.
2. **Upon arrival at the starting area, boats are to register for each race with the Race Committee boat by calling out their boat’s hull number. Normally boat and sail numbers are to be in agreement; if not, this should also be called to the Race Committee’s attention. Boat hull numbers govern for race scoring purposes. Changes in boat hulls during a racing series will not be accepted.**
3. **Unless otherwise communicated by the Race Committee, the Round the Ends starting rule is in effect for all starts. Any yacht on the course side of the starting line or its extensions within one minute of the starting signal must pass around either the Race Committee boat or the starting mark before qualifying as a starter.**
4. **Classes of boats awaiting their Warning signal (see VI below) must keep well clear of the starting line area and the boats preparing to start.**
5. The finish line will be between the yardarm on the Race Committee boat and the finish mark.

## VI. The Start

1. **Starting System: Races will be started using “The Racing Rules of Sailing (RRS) #26”, without modification.**

Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

<b>Warning signal:</b>	<b>Class flag hoisted 5 minutes before the start, with 1 sound (gun).</b>
<b>Preparatory signal:</b>	<b>Blue flag hoisted 1 minute later (4 minutes before the start), with 1 sound (horn).</b>
<b>One Minute Before Start:</b>	<b>Preparatory flag lowered, 1 long sound (horn).</b>
<b>Starting signal:</b>	<b>Class flag lowered; 1 sound (gun).</b>

The warning signal for each succeeding class shall be the starting signal of the preceding class.

2. **Starting Order:** The starting sequence for the Club’s several classes of boats will be C-Scows, Flying Scots and Lightnings.

3. Boats not racing shall keep clear of all boats which are racing. A boat is racing from the time of its Preparatory signal until it finishes or until a General Recall, Postponement or Abandonment has been signaled.

## **VII. Start and Finish Lines**

1. Start and finish lines are between the signal mast on the Race Committee boat and a nearby mark.
2. The Race Committee will display a white flag when on station for starts and a blue flag when on station for finishes.

## **VIII. Recalls**

1. Individual recalls: signaled by flag “X” with one sound signal. The Race Committee will endeavor to notify each boat recalled by hailing, but it is the responsibility of each boat to make a proper start.
2. General recalls: signaled by code flag “First Substitute” with two sound signals. The Preparatory signal for the restart will be made with one sound signal one minute after the “First Substitute” is lowered with one sound signal.
3. The starts for any succeeding classes of boats shall follow the new start.
4. At the discretion of the Race Committee (typically after a general recall) a “J” flag may be displayed. This means that subsequent premature starters will not be notified of their infraction until the first mark.

## **IX. Shortened Course**

1. Signaled by two sound signals and/or the hoisting of code flag “S” (white with blue square).
2. The finishing line will be between the blue flag on the signal mast of the Race Committee boat and a nearby mark of the course.

## **X. Missing Mark**

1. Signaled by one sound signal and/or the hoisting of code flag “M” (white diagonal on blue field).
2. Round or pass the substitute replacement mark.

## **XI. Change of Course**

1. Signal near the mark beginning the leg being changed. The change will be signaled before the leading boat has begun the leg although the new mark may not yet be in position.
2. The Race Committee boat will display a flag “C” with respective sound signals, as well as the compass bearing to the next mark.

## **XII. Racing Schedule and Postponements**

1. The season’s racing schedule has been provided to all Club members.
2. Normally Saturday and Sunday races are scheduled to begin at 2:00PM – i.e. the start of the C-Scow first race. A “harbor gun” signal at 1:30PM (one sound) will indicate racing on schedule.
3. A “harbor gun” signal at 1:30PM – two sounds – will indicate a half hour delay for the C-Scow start. Further delays will be indicated by two sound signals and the flying by the Race Committee boat of flag “AP”. The Warning or other signal will be made one minute after the “AP” flag is lowered, but in these circumstances, the Race Committee will use its best judgment to permit boats to reach any newly designated starting area on a timely basis.

## **XIII. Abandonment**

1. Signaled by flag “N” and two sound signals. All races are abandoned until later in the day. Resumption of racing activity will be signaled by a “harbor gun” (one sound). Again, the Race Committee will use its best judgment to permit boats to reach the designated starting area before commencing the race starting sequence.
2. Signaled by flag “N” and three sound signals. All races are abandoned for the day.

## **XIV. Time Limits**

1. Any boat that does not finish within the shorter of one hour of the first boat in its fleet or within two and one half hours of its start shall be scored DNF (did not finish).
2. The Race Committee at its discretion may offer to assign a finishing position to a boat that has not finished.
3. Generally, no race on Saturday or Sunday shall be started (with respect to C-Scows) after 3:00PM. However, if weather conditions were to justify some flexibility in this, the Rear Commodore – Sail may authorize a further delay in starting times of up to 15 minutes. No second race (Saturday only) shall be started after 4:00PM.

## **XV. Protests**

1. Any boat protesting another must follow Part 5, Section A. of the Racing Rules with the following provisions or exceptions.
  - Display a red flag. For single-handed boats a loud hail will suffice.
  - Immediately after finishing, or as soon as possible after withdrawing from the race in which the foul occurred, notify the Race Committee of the number of the protested boat and/or the name of the skipper or crew. A good faith effort should also be made to notify the protested skipper and/or crew.
  - File a written protest with the Race Committee by mailing the protest to the Chautauqua Yacht Club, Vice Commodore, P.O. Box 1122, Chautauqua, NY 14722, with the postmark no later than the Tuesday following the incident. Protests must be written on official US Sailing protest forms and include all information as required by RRS 61.2. The Vice Commodore shall post a notice (not the protest itself) on the bulletin board at the Chautauqua Institution Central Dock no later than noon on the following Saturday that a protest has been filed.
  - The 720-degree turns penalty shall apply for infringement of Part 2 rules of the RRS (see addendum for 720-degree system).
  
2. A boat may be protested under Part 5. Section C of the RRS by a Competitor of the Race Committee for foul or abusive language to either another Competitor or the Starter. These protests shall be handled in accordance with Part 5 of the RRS and Section XV-I of these instructions. The 720-degree penalty redress shall not apply. Incidents of this nature must be corroborated by at least one impartial witness. A protest of this nature shall be heard only by the Club's Board of Directors in accordance with the Club's by-laws.

## **XVI. Capsizal**

If a boat, as a result of capsizal, is unreasonably delaying the completion of a race, the Race Committee, at its own election, may order the craft rescued and scored as a DNF.

## **XVII. VHF Marine Radios**

The use of VHF marine radios is encouraged to promote better race course management as well as for safety. The Race Committee will indicate the ***“competitor frequency”*** prior to a race. This frequency will be used to convey general race information as well as to supplement the usual hailing for starting line infractions. There will be a separate ***“race committee frequency”*** and competitors are not to use this frequency.

## **XVIII. Life Jackets**

Life Jackets are required equipment to be carried on board for each participant. It is the responsibility of skippers and crews to wear said life jackets when conditions warrant.

**XIX. Weather**

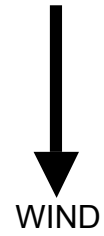
The Race Committee will consider postponement or abandonment in the event of possible thunderstorms or other extreme conditions.

**XX. Specific Fleet Instructions**

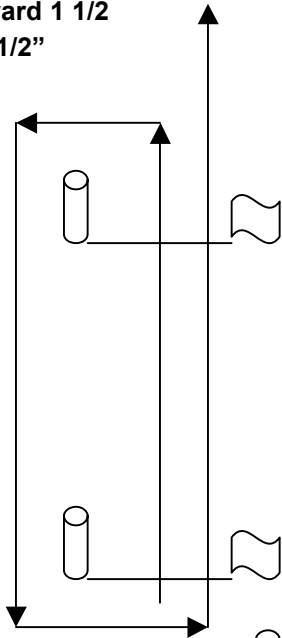
Attached hereto are additional specific instructions pertaining to the Club's various fleets. Fleets are at liberty to supplement these General Instructions provided such supplements in no way confuse or contravene these General Instructions.

# CYC

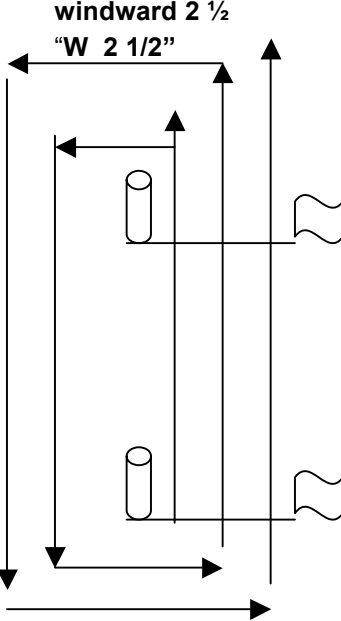
RACE COURSES  
ADOPTED 2009



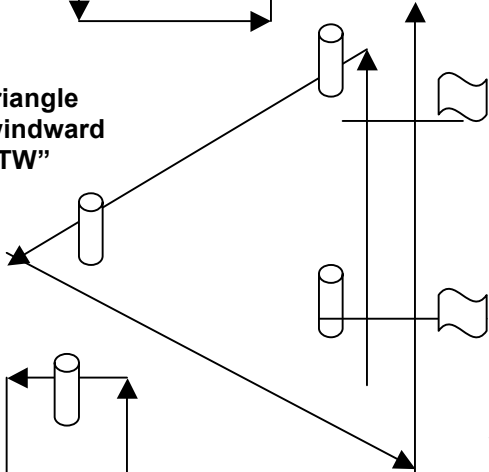
windward 1 1/2  
"W 1 1/2"



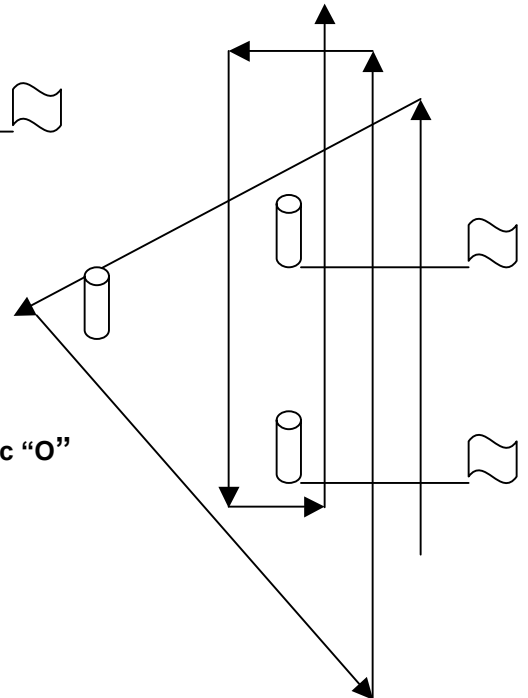
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"W 2 1/2"



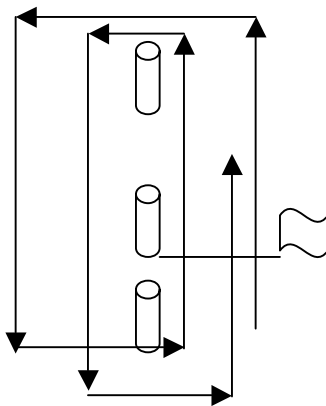
triangle  
windward  
"TW"



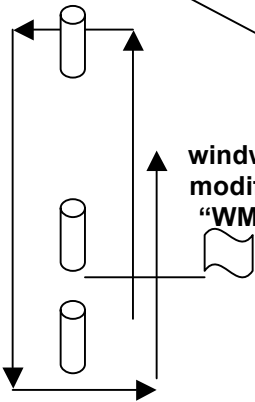
olympic "O"



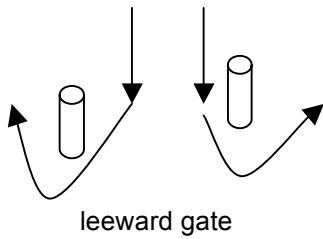
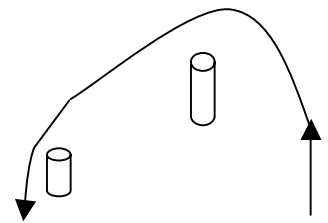
windward modified 2  
"WM 2"



windward  
modified 1  
"WM 1"



offset mark  
(used at discretion of race committee)



leeward gate

large buoy



committee boat



small buoy



**Chautauqua Yacht Club**  
SUPPLEMENTAL C-SCOW FLEET INSTRUCTIONS

Racing Schedule and Awards:

The schedule of races to be held during the season is mailed to all Club members prior to the start of the season. Generally, weather and timing conditions permitting, two races will be sailed on Saturdays and one on Sundays. Notices to this effect will be displayed on the blackboard on the stern of the Race Committee boat.

C-Scow races for which trophies are awarded are grouped into four series: July, 4<sup>th</sup> of July, August, and Labor Day. Trophies are awarded for the first five places in the July and August series. Perpetual trophies are awarded to the winners of the 4<sup>th</sup> of July and Labor Day races.

The July Series commences with the first weekend of the Chautauqua Institution season and concludes with the weekend races at the end of the Institution's fourth week.

The races for the July 4<sup>th</sup> perpetual cup include those scheduled for the 4<sup>th</sup> of July plus those scheduled for the weekends before and after the 4<sup>th</sup>, when the 4<sup>th</sup> falls mid-week. When the 4<sup>th</sup> of July falls on a weekend, the series will include the races on the weekend of the 4<sup>th</sup>, the day the holiday is observed (Friday, if the 4<sup>th</sup> is Saturday; Monday, if the 4<sup>th</sup> is Sunday), and the following weekend. In either case the race or races held on a week day will not be part of the July Series.

The August Series commences with the races scheduled for the weekend at the end of the Institution season's fifth week and concludes with the weekend races at the end of the Institution's season.

The Labor Day perpetual cup races include the races scheduled for Saturday and Sunday of the Labor Day weekend.

A trophy is also awarded in celebration of Chautauqua Institution's "Old First Night". This trophy is awarded to the winner of the race, or races, held on the Saturday preceding the Institution's official "Old First Night" celebration. If no races can be held on the day, the next day of sailed races (or race) will determine the winner. To be eligible for this trophy an "Old First Night" contribution to the Institution should be in the hands of the CYC treasurer before the race(s).

### Scoring of Races:

The “low point” scoring system is to be used. The lowest total score, after throw-outs, for a series wins.

Points are awarded as follows:

First place	0.75 points
Second place	2.0 points
Third place	3.0 points
Fourth place	4.0 points
Each place thereafter	Add 1 point

Points are awarded by boat hull number.

Boats that do not start a race will be scored two points more than the last placed boat in that race.

Boats starting a race and not finishing or which are disqualified will be scored one point more than the last placed boat in that race.

If a tie occurs between two or more boats, the tie will be broken in favor of the boat with the most first places with that Series, and if the tie remains, the most second places, and so on.

For the July and August Series three “throw-out” races will be allowed for scoring purposes, unless the number of races sailed in the series is seven or less, in which case the number of “throw-outs” will be two.

For the purposes of scoring the races for the July 4<sup>th</sup> perpetual cup, one “throw-out” will be allowed provided five or more races are sailed. If less than five races are sailed, there will be no throw-outs.

There will be no “throw-outs” for scoring the Labor Day perpetual cup winner.

REVISED – June, 2009

**Chautauqua Yacht Club**  
SUPPLEMENTAL FLYING SCOT INSTRUCTIONS

Racing Schedule and Awards:

The schedule of races to be held during the season is mailed to all Club members prior to the start of the season. Generally, weather and timing conditions permitting, one Olympic (six leg) race will be sailed on Saturdays and one triangle plus one windward (four leg) race on Sundays. Notices to this effect will be displayed on the whiteboard on the stern of the Race Committee boat.

Scot races for which trophies are awarded are grouped into four series: July, Fourth of July, August, and Labor Day. Trophies are awarded for the first three places in the July and August series. Perpetual trophies are awarded to the winners of the Fourth of July and Labor Day series.

The July Series commences with the first weekend of the Chautauqua Institution season and concludes with the weekend races at the end of the Institution's fourth week.

The races for the Fourth of July perpetual cup include those scheduled for the 4<sup>th</sup> of July plus those scheduled for the weekends before and after the 4<sup>th</sup>, when the 4<sup>th</sup> falls mid-week. When the 4<sup>th</sup> of July falls on a weekend, the series will include the races on the weekend of the 4<sup>th</sup>, the day the holiday is observed (Friday, if the 4<sup>th</sup> is Saturday; Monday, if the 4<sup>th</sup> is Sunday), and the following weekend. In either case the race or races held on a week day will not be part of the July Series.

The August Series commences with the races scheduled for the weekend at the end of the Institution season's fifth week and concludes with the weekend races at the end of the Institution's season.

The Labor Day perpetual cup (Dreyer Cup) races include the races scheduled for Saturday and Sunday of the Labor Day weekend.

A trophy is also awarded in celebration of Chautauqua Institution's "Old First Night". This trophy is awarded to the winner of the race held on the Saturday preceding the Institution's official "Old First Night" celebration. If no races can be held on the day, the next day race will determine the winner. To be eligible for this trophy an "Old First Night" contribution to the Institution should be in the hands of the CYC treasurer before the race.

### Scoring of Races:

The “low point” scoring system is to be used for the Scot Fleet. The lowest total score, after throw-outs, for a series wins.

Points are awarded as follows:

First place	0.75 points
Second place	2.0 points
Third place	3.0 points
Fourth place	4.0 points
Each place thereafter	Add 1 point

Points are awarded by boat hull number.

Boats that do not start a race will be scored two points more than the last placed boat in that race.

Boats starting a race and not finishing or which are disqualified will be scored one point more than the last placed boat in that race.

If a tie occurs between two or more boats, the tie will be broken in favor of the boat with the most first places with that Series, and if the tie remains, the most second places, and so on.

For the July and August Series two “throw-out” races will be allowed for scoring purposes, unless the number of races sailed in the series is seven or less, in which case the number of “throw-outs” will be one.

For the purposes of scoring the races for the Fourth of July perpetual cup, one “throw-out” will be allowed provided all five races are sailed. If less than five races are sailed, there will be no throw-outs.

REVISED – June 2009

**Chautauqua Yacht Club**  
SUPPLEMENTAL LIGHTNING INSTRUCTIONS

Racing Schedule and Awards:

The schedule of races to be held during the season is mailed to all Club members prior to the start of the season. Generally, weather and timing conditions permitting, one Olympic (six leg) race will be sailed on Saturdays and one triangle plus one windward (four leg) race on Sundays. Notices to this effect will be displayed on the whiteboard on the stern of the Race Committee boat.

Lightning races for which trophies are awarded are grouped into two series: July and August. Trophies are awarded for the first place in the July and August series.

The July Series commences with the first weekend of the Chautauqua Institution season and concludes with the weekend races at the end of the Institution's fourth week.

The August Series commences with the races scheduled for the weekend at the end of the Institution season's fifth week and concludes with the weekend races at the end of the Institution's season.

A trophy is also awarded in celebration of Chautauqua Institution's "Old First Night". This trophy is awarded to the winner of the race held on the Saturday preceding the Institution's official "Old First Night" celebration. If no races can be held on the day, the next day race will determine the winner. To be eligible for this trophy an "Old First Night" contribution to the Institution should be in the hands of the CYC treasurer before the race.

Scoring of Races:

The "low point" scoring system is to be used for the Scot Fleet. The lowest total score, after throw-outs, for a series wins.

Points are awarded as follows:

First place	0.75 points
Second place	2.0 points
Third place	3.0 points
Fourth place	4.0 points
Each place thereafter	Add 1 point

Points are awarded by boat hull number.

Boats that do not start a race will be scored two points more than the last placed boat in that race.

Boats starting a race and not finishing or which are disqualified will be scored one point more than the last placed boat in that race.

If a tie occurs between two or more boats, the tie will be broken in favor of the boat with the most first places with that Series, and if the tie remains, the most second places, and so on.

For the July and August Series two “throw-out” races will be allowed for scoring purposes, unless the number of races sailed in the series is seven or less, in which case the number of “throw-outs” will be one.

REVISED – June 2010

**Chautauqua Yacht Club**  
ADDENDUM TO SAILING INSTRUCTIONS – 720 TURNS

A yacht which acknowledges infringing a rule of Part 2 of the Racing Rules (Right of Way) may be exonerate herself by making two full 360 turns (720) subject to the following provisions:

1. The yacht acknowledging fault shall immediately hail her acknowledgement to the yacht infringed against and start to get well clear of other yachts and while on the same leg of the course she shall hail adjacent yachts of her intention and then make her turns. While so doing, she shall keep clear of all other yachts until she has completed her turns and is on a proper course to the next mark.
2. The yacht infringed against, if she intends to protest, shall notify the infringing yacht at the first reasonable opportunity by halyard by showing a protest flag. (The first reasonable opportunity for a hail is usually immediately).
3. For the purpose of applying this penalty, “a leg of the course” shall be deemed terminated when two boat lengths from the mark ending that leg, and the next leg shall be deemed to commence at this point except for the final leg which is terminated when a yacht is no longer racing.
4. The turns may be made in either direction but both in the same direction and shall consist of two tacks and two gybes.
5. When the infringement occurs after the preparatory and before the starting signal, the infringing yacht shall make her turns after the starting signal, and before starting.
6. When an infringement occurs at the finishing line, the infringing yacht shall make her turns on the last leg of the course before being officially finished.
7. If neither yacht acknowledges fault, a protest may be lodged in accordance with Part 5 of the Race Rules and the Sailing Instructions.
8. An infringing yacht shall report her infringement and the resulting action taken by her to the Race Committee upon finishing.
9. Failure to observe the above requirements will render a yacht which has infringed a rule of Part 2 of the Racing Rules liable to disqualification.
10. An infringing yacht involved in a collision which results in serious damage to either yacht shall be liable to disqualification.
11. When the infringing yacht has a spinnaker set and drawing at the time of the infringement, drops it completely while taking her penalty and resets it and has it drawing after the penalty, the penalty is one full turn (360°) instead of two.